



Wolsingham Primary Newsletter

11th March 2022

Volume 22

www.wolsingham-pri.durham.sch.uk

Parent Teacher Consultation Appointments

It was lovely to see parents back in school this week. Thank you to all those who made appointments with their child's class teacher. We hope that you found them useful. We look forward to seeing our Reception parents next week and the nursery staff will be welcoming parents for Stay and Play sessions in the week beginning 28th March. We are very aware that our Year 1 and Reception parents may not have been into the school prior to these meetings and we will work hard to arrange an opportunity for those parents to have a look around the school in the summer term.

Re-opening of the Bike Shed

From Monday 14th March our bike shed will reopen and children are welcome to come to school on their bikes and scooters. Please supervise your child putting their bike or scooter into the bike shed and encourage them to stand and wait if someone is already in the shed. Children should not leave helmets in the bike shed as they may get damaged. In the interests of health and safety, please help us by reminding your child not to ride their bike or scooter whilst on the school grounds during drop off and pick up times.

Red Nose Day – Friday 18th March

On Friday 18th March, the School Council have decided that they would like to invite children to come to school dressed as a hero (any hero they wish e.g. superhero, doctor, sports star – it's up to them, anyone they consider a hero) for a donation of £1 (they should bring this to school on the morning of Friday 18th March in cash). In the afternoon, the School Council will be arranging table top games in the school hall for the children to play and cakes and biscuits will be on sale. Children are invited to bring money in small denominations e.g. 5p, 10p, 20p or 50p coins to take part in this event. We would be grateful if all money could be sent in a small purse or envelope with the child's name on/in it.

Cerebral Palsy Awareness Day

On Friday March 25th, we would like to invite all children to wear green to school to mark Cerebral Palsy Awareness Day. One of our children has Cerebral Palsy and as we have done with Autism Spectrum Disorder in the past, we would like to raise awareness of the condition among our children to continue our journey to becoming a fully inclusive community and towards our Pride In Inclusion Award. Age appropriate stories and information will also be shared with the children.

Hockey Heroes

Durham University will be running a Hockey Heroes programme for 5 to 8 year olds. The programme will run from 24th April to 12th June and is an introduction to Hockey delivered in partnership with England Hockey. Attendees will receive a Hockey Heroes resource bag containing two plastic hockey sticks, a ball, a personalised t-shirt and stickers to customise the sticks. The cost of this 8 week block delivered on Sunday mornings at the Graham Sports Centre, Durham is £40. If you are interested in your child attending the sessions, please sign up at <https://play.englishockey.co.uk/hockeyheroes>

Is Your Child Interested in Learning to Play a Brass Instrument?

Stanhope Silver Band currently have an initiative in place to encourage children to learn to play brass instruments. They are offering to fund 12 weeks of introductory music lessons and provide free instrument loan to children who are interested in learning to play a brass instrument. They are also able to continue to loan out the instrument free of charge for any children wishing to continue with lessons past the 12 week period. Lessons are provided by an ABRSM-registered tutor who can take those pupils who wish to do so through RSM Grade exams. The principal motivation for the initiative is to hopefully encourage uptake of lessons amongst children who might eventually go on to become members of the band, as well as encouraging wider participation in music amongst the local community. If your child is interested, please contact Stanhope Silver Band via their Facebook page or by phoning Steve Donnelly (Secretary) on 07966445650 or via email: sd999@hotmail.co.uk

Can You Help?

We are sure that you will be aware of the current conflict between Russia and Ukraine. One of our parents is supporting a charity who are collecting items for the refugees of Ukraine. The items needed are: Rucksacks, Sleeping bags, Blankets, Camping Mats, Adults and children's clothing (especially hats, gloves and scarves), Men's socks, Nappies, Sanitary products, Unused Ibuprofen and paracetamol (for children and adults), Vacuum bags and First aid kits. If you can help and would like to donate items, please message Rachael on 07577252135 to arrange for the items to be collected.

Healthy Packed Lunches and Snacks

We would like to take this opportunity to remind parents that the school has a packed lunch policy which promotes healthy eating (this can be found on the school website). In school, the meals provided have to adhere to guidelines set out by the DfE to ensure that children have a healthy, balanced diet and we would like to try to ensure that children having packed lunches also have a healthy, balanced diet. Children are allowed to bring a snack to eat at breaktime, however these should **only** consist of two plain biscuits or a piece of fruit. If children are observed eating items such as chocolate or crisps, they may be asked to put it back in their bags and taken home. Water bottles in school should contain water and **not** artificially flavoured water (water may be flavoured with a piece of fruit such as a piece of orange or lemon) or juice.

We ask that packed lunches contain the following:

- Fruit & Vegetables; at least one portion of fruit and one portion of vegetables
- Protein; meat, fish, egg or other sources of non-dairy protein (e.g. lentils, kidney beans, chickpeas, hummus or dhal)
- Oily fish; such as tinned or fresh mackerel, sardines, salmon or tuna
- Carbohydrate; starchy food such as bread, pasta, rice, couscous, noodles, potatoes, chapattis and roti
- Dairy; food such as milk, cheese, yoghurt, fromage frais, or calcium fortified Soya products, reduced fat versions of these should be used where possible.
- Drinks; water, pure fruit juice (no added sugar), semi-skimmed or skimmed milk, reduced fat and sugar yoghurt, milk drinks or smoothies. **NO FIZZY DRINKS**
- Puddings; should be fruit based such as fruit salad, tinned fruit with yoghurt or custard, fruit rice pudding, fruit smoothie, fruit based crumble.

Foods to avoid or limit:

- Crisps, cakes and chocolate biscuits
- Meat products such as sausage rolls, individual pies, corned meat and sausages. These items should be included in packed lunches no more than once per week.

Packed lunches should not include any of the following:

- Fizzy/sugary drinks in cartons, bottles or cans (including diet energy drinks which can contain high levels of caffeine and other additives which are not suitable for children)
- Confectionary such as chocolate bars and sweets
- Chocolate spread sandwich filling
- Any sort of nuts or nut products

Dates for your diary...

Reception Parent Teacher Consultations	Monday 14 th and Wednesday 16 th March
Red Nose Day	Friday 18 th March
Adam Bushnell in School	Monday 21 st March
Cerebral Palsy Awareness Day	Friday 25 th March
Nursery Stay and Play Sessions	Monday 28 th March – Friday 1 st April

S. Kitching

Headteacher

This Week's Winners

Star of the Week

Reception – Ruby
Year 1 – Alex
Year 2 – Ella
Year 3 – Harry L.
Year 4 – Lewis
Year 5 – Lexi
Year 6 – Reece



Top Spellers

Year 1 – Woody
Year 2 – Olivia
Year 3 – Xander
Year 4 – Jack
Year 5 – Ricky
Year 6 – Olivia

Shed Score League

1st – Year 6 – 166,810,681
2nd – Year 5 – 121,394,536
3rd – Year 4 – 99,280,598
4th – Year 3 – 49,166,734
5th – Year 1 – 22,871,271
6th – Year 2 – 10,940,417

Highest Earners

1st – William Year 6
2nd – Connor Year 6
3rd – Jack Year 4

Most Improved

1st – Jaydon Year 6
2nd – Ben Year 3
3rd – Karmen Year 3

Highest Earners

1st – Finlay Year 1
2nd – Dillan Year 1
3rd – Alex Year 1

Highest Accuracy

1st – Ding Hao Year 1
2nd – Matilda Year 1
3rd – Ruby C. Year 1